

The Spirit of Dance



**In His Steps Performance Troupe
Parent/Dancer Agreement &
Handbook
2018-2019**

Placement

Placement in the In His Steps Performance Troupe is based on the following criteria: Must have 2 consecutive years of ballet training, technique, potential, commitment level, enthusiasm, attitude and behavior in class, attendance and stage presence. We place students together in groups that we feel will work best together in rehearsals and performances. Performance Troupe members are selected by instructors and will be invited into the appropriate Performance Troupe class.

Dancer Etiquette

- Dance clothes should be neat and clean.
- Dance shoes worn during class should NEVER be worn outside.
- Long and short hair must be pulled back away from face in a ponytail for all dance styles except Ballet, when hair MUST be in a bun.
- Jewelry, watches, and other accessories may not be worn in class.
- Students will be asked to change should they arrive to class in unacceptable attire.
- If coming and leaving from the studio dressed in dance clothes, students must wear a cover up over their dance clothes.
- There will be no food, drinks, or gum inside any of the dance studios. Water is the only beverage permitted in studios. We encourage all students to bring their own water bottle.
- NO cell phones in class.
- Thank instructors after every class.
- No visible undergarments allowed under leotards. Underwear should not be worn under tights.
- Dancers en pointe must not dance in worn-out, “dead” shoes. This is dangerous for the dancer. A teacher who notices “dead” pointe shoes may request that the student dance in ballet slippers until proper pointe shoes are available.

Attendance & Time Commitment

Listed below are excused absences and what needs to be done if your child misses class.

EXCUSED ABSENCES:

- Sickness – Please see our attached Wellness Policy for details.
- Graded school functions
- Family emergencies

1. If your dancer has two or more excused absences, the dancer will need to schedule a private lesson* with their specific teacher to get caught up on Choreography.

2. If your dancer has one unexcused absences, it is the dancer's responsibility to ask the teacher what they missed, and can they get caught up during class or do they need to schedule a private. *

3. If your dancer has two or more consecutive absences from class, this will result in the dancer being pulled from the section of dance that was taught during the time they missed.

4. INJURED STUDENTS – If your dancer is injured, please come to class if possible. This helps your dancer stay caught up on Choreography and new techniques. Coming to watch class even if you can't dance because of an injury shows initiative and commitment.

*Private lessons must be scheduled at a time when the dance studio is open for regularly scheduled business or at McEachern Methodist upon request from the church. If your child is continuing to miss, with unexcused absences, many times over, you may want to rethink "In His Steps" and change to recreational classes in the next season.

Wellness Policy for The Spirit of Dance

Please keep your child home if she/he has any symptoms of a contagious disease, such as the following:

- Nausea or vomiting
- Runny nose with color
- Diarrhea
- Severe cold or coughing
- Sore throat
- Rash or skin eruptions
- Fever of 100 degrees or higher

Children should not attend dance or tumble classes until they have been fever and/or symptom free for 24 hours or until the period of contagion has passed.

- In the event of any of the following contagious and/or communicable illnesses, please contact us immediately so that we may take proper steps to clean our studios and supplies, as well as contact other parents with this necessary information –

LICE*, Chicken Pox, Conjunctivitis (pink eye), Fifth disease, Giardiasis, Hand, Foot, Mouth Disease, Hepatitis A or B, Impetigo, Measles, Meningitis, Mumps, Pertussis (Whooping cough), Pinworms, Respiratory Illness, Ringworm, Roseola, Scabies, Streptococcal sore throat, Thrush, or Scarlet Fever.

*In the event of LICE, students need to be nit free for a minimum of seven days.

Performing Opportunities

In His Steps Performance Troupe Member's will have various performing opportunities throughout the year. Performing at local schools, festivals, our annual Christmas Production & Spring Recitals.

The Christmas recital, "How the Grinch Found Christmas" will take place Saturday, December 15th. This performance highlights our performance Troupe and includes recreational dancers. Several extra mandatory rehearsals and a \$65.00 recital fee is required. The fee includes costume rental and facility fees (please note tickets are not included this year). Tickets are available to purchase for \$8.00 each. The Christmas recital fee is due mid-October to early November. Rehearsal Times: Saturday, November 10th, Saturday, December 1st, Saturday, November 8th, Thursday, December 13th at SOD studio and Saturday, December 8th at recital facility. *there will be additional rehearsals for individual solo's, duet's and individual parts.

The 'In His Steps' Spring Recital Showcase: Friday, May 17th. Recital fees are listed below and include your child's costume, tights, facility fees, and a trophy (please note that tickets are not included). Tickets will be available to purchase for **\$5.00 each**. In His Steps Performance Troupe, will also participate in the recreational dance recitals that will take place Saturday, May 18th.

Classes include: ballet, jazz, tap, lyrical and hip/hop

2 classes: \$158.00 (maybe broken into two equal payments of \$77.00 each)

3 classes: \$199.00 (maybe broken into three equal payments of \$65.00)

4 classes: \$228.00 (maybe broken into four equal payments of \$56.00)

5 classes: \$258.00 (maybe be broken into four equal payments of \$63.50)

Due Dates: November 20th, December 20th, January 20th, February 20th

*****Minimum first payment must be made by November 20th*****

- Please note a fundraising committee will be formed & will give the opportunity to earn money that can be applied to recital fees.
- All costumes will need to be paid in full before recital pictures.

Dress Code

Dress code provides the following benefits:

1. First, we want to teach our students to "respect the art." Dress codes in dance look more professional and are part of the long history of dance.
2. Dance is a discipline and begins with the way a student dresses for class. By "dressing the part," a student looks like, behaves like, and "becomes" a dancer.
3. A neat and tidy appearance sets an attitude of attentiveness and respect for students, teacher, and the art of dance.
4. Teachers must be able to see a dancer's alignment, lines and positioning from head to toe to make proper corrections when needed.
5. A dress code cuts down on distractions in class such as who's wearing the latest cute dance attire or popular trends, and helps promote class unity.

Students who are not dressed properly for dance will not be allowed to participate in class!

They will be given two warnings and on the third time will be asked to sit out of class.

Ballet: Black Leotard, Pink Tights, Pink Ballet Shoes, Hair in bun for all ballet classes. (No shorts or leotards with skirts attached allowed) Black ballet wrap skirt is permitted.

Jazz: Any color leotard, Pink or Tan Tights (Leggings are also allowed) May wear tank top & dance shorts, Tan Jazz Shoes, Hair out of face.

Tap: Any color leotard, Pink or Tan Tights, Dance Shorts, Black Tap Shoes, Hair out of face.

Hip-Hop: Comfortable clothing is allowed, Tennis Shoes or Hip-Hop Shoes, Hair out of face.

Lyrical: Any color leotard; pink or tan tights (leggings are also allowed); may wear tank top and dance shorts; either lyrical shoes or barefeet depending on the class level; hair out of face.

****Please note: For all performances, dancer's hair must be a natural hair color.***

***REQUIRED ATTIRE FOR ALL IN HIS STEPS DANCERS TO WEAR AT PERFORMANCES OUTSIDE OF RECITAL:**

BLACKCAMISOLE LEOTARD: \$20

MID LENGTH SHORTS: \$20

GREY I.H.S. TANK: \$18

TAN CONVERTIBLE TIGHTS: \$8.50

Financial Responsibilities & Tuition:

Registration Fees: \$20 per family returning students

*
-

Required In His Steps Dance Attire *refer to page 5*

Summer classes will be held the weeks of June 4, 11, 18, 25 and July 9, 17 at the Whitlock studio

<u>Monday-</u>	<u>Time</u>	<u>Class</u>	<u>Studio</u>
Rubies	3:30-4:30	Ballet	B
Amethyst	3:30-4:30	Jazz	A
Rubies	4:30-5:30	Jazz	A
Amethyst	4:30-5:30	Ballet	B
Sapphires	5:30-6:30	Ballet	B
Emeralds	5:30-6:30	Jazz	A
Sapphires	6:30-7:30	Jazz	A
Emerald	6:30-8:00	Ballet	B

<u>Tuesday-</u>	<u>Time</u>	<u>Class</u>	<u>Studio</u>
Little Gems	4-5:30	Ballet/Jazz	A
Diamonds I	5:30-7:00	Jazz	A
Diamonds II	5:30-7:00	Ballet	B
Diamonds I	7:00-8:30	Ballet	B
Diamonds II	7:00-8:30	Jazz	A

<u>Thursday-</u>	
Pre-Pointe	4:00-5:00
Pointe I	5:00-6:00
Pointe II	6:00-7:00
Pointe III	7:00-8:00

****Acrodance offered Thursdays 6pm or 7pm (depending on skill level) for all groups for \$41 add 'l)****

Summer Tuition Rates

Group Name	5 weeks	6 weeks
Little Gems	\$106	\$127
Rubies/Sapphires/Topaz	\$112	\$135
Emeralds	\$118	\$142
Diamond I & II	\$125	\$150
Additional Pointe Class	\$60	\$72

Summer tuition is due June 15th and may be made payable to SOD

The **summer intensive camp** will be held at McEachern the week of July 23-27. Each group will only attend 3 out of the 5 days. The girls will have master classes from some wonderful teachers and start working on Christmas show dances. (Example-Monday, Wednesday, Friday or Tuesday, Thursday, Friday). Times are 9-1pm Mon-Thurs and 9-4:00pm on Friday. ***The fee for summer intensive camp is \$175.00 per dancer and due July 15th and can be made online from website [by clicking HERE](#)***

Fall Classes Begin August 6th

Group Title & Class Instruction Time	Minimum Monthly Tuition
Little Gems 45 min. ballet & 45 min. jazz	\$90
Ruby, Amethyst & Sapphire 1 hour ballet & 1 hour jazz	\$95
Emerald 1.5-hour ballet & 1 hour jazz	\$100
Diamonds I & II 1.5-hour ballet & 1.5 hour jazz	\$105.00

Additional Classes Available:

Class Description	Class Time
Tap	45 min
Musical Theatre	45 min
Lyrical	45 min
Hip Hop- Ruby/Amethyst, Sapphire/Emeralds & Diamonds	1 hour
Hip Hop- Little Gems	45 min.
Stretch- Technique for Sapphire/Emeralds & Diamonds	1 hour
Pointe Classes	1 hour

Total Classes	Tuition
2-2hr 15 min	\$95
2 hours 30 min	\$100
2 hours 45 min	\$105
3 hours	\$110
3 hours 15 min	\$115
3 hours 30 min	\$120
3 hours 45 min	\$125
4 hours	\$130
4 hours 15 min	\$130
4 hours 30 min	\$140
4 hours 45 min	\$140
5 hours	\$145
5 hours 15 min	\$145
5 hours 30 min	\$150
5 hours 45 min	\$150
6 hours	\$155
6 hours 15 min	\$155
6 hours 30	\$160
6 hours 45	\$160
7-7 hours 15 min	\$165

- Classes begin the week of August 6th, tuition is ½ price for the month of August. (This gives all students at least one free week of classes)
- **Tuition Payments for Sept-May are due by the 5th of each month.** *December tuition is the only month prorated for the year.*
- Tuition is structured to include a minimum of 33 weeks of classroom instruction throughout the season for each class (some classes may have month's that they only receive 3 classes, but the calendar does balance out). The Spirit of Dance will follow the Cobb County School schedule and will not be offering classes during fall, winter and spring breaks.
- Monthly bill-due reminders will be emailed each month.
- There is a \$25.00 fee for returned checks
- A \$10 late fee will be applied to past due accounts after the 20th of each month. Each month incurs a separate fee. If tuition is 2 months past due, the student will not be allowed to participate in classes until account is paid up-to-date. ***exceptions will be made for families with financial hardships, please contact us for more information***
- Accounts must be in good standing for participation in all recital performances.
- You may give your payment to your child's teacher, mail it directly to The Spirit of Dance; 1150 Harrowgrove Ct, SW; Marietta, 30064, or place it in the designated locked payment box outside the office at The Spirit of Dance Studio. **Tuition Payments are payable to The Spirit of Dance. PLEASE note "dance" on the memo line of your check**
- If you wish to pay your child's tuition in full for the year, by September 30th, you receive a 10% discount. Email for the exact amount to be paid.

Withdrawing from the program

If your child wishes to withdraw from the program, please contact us as soon as possible. Otherwise, you will continue to be billed.

Make up Policy

No refunds are given for missed classes. If classes are cancelled due to weather, more than once, we will schedule a make-up class.

Parent Responsibilities

- Parents are asked to volunteer at Christmas show and Spring recital to help offset our costs and keep tuition and recital fees as low as possible. Volunteers will be scheduled to work small shifts and help with concessions, providing baked goods and ushering.
- Parents are encouraged to help find opportunities for our I.H.S. dancers to serve and perform in the community.
- Fundraising committee is lead by April Pentecost. If you are interested in assisting on this committee, please let us know. The fundraising committee organizes and runs fundraisers to help I.H.S. dancers pay for recital fees and summer camp fees.

Mentorship & Team Building Programs

To bring together the girls and promote friendships in an encouraging, positive atmosphere, all troupe members will participate in a “Big/Little Sister” program. Students will be assigned another student and will be provided with their birthday along with their interests. They are encouraged to provide hand written notes, small gifts, etc. to their Big/Little throughout the season.

In addition, we encourage at least one parent volunteer to be a “Gem Mom” and plan get-togethers for their group at least a couple of times throughout the year.

*****This section is for students who have been invited into pointe classes.**

This page must be signed by the dancer and parent and brought to the first summer Pointe class***

Pre/Pointe & Pointe Class

Pointe is a commitment that should be taken very seriously. We consider various factors before we put students on pointe. Students need to be aware that pointe work is hard and often frustrating – but it has enormous rewards. Dancing on pointe is a unique and elite experience. It takes years of commitments and hard work and is a huge accomplishment. We hope that our dancers feel a great amount of pride. Therefore, a pair of pointe shoes should be treated with utmost respect. They should be cared for and stored as you would a prize possession. It is also why you should take your pointe education seriously. Dancers must attend ballet technique class two times a week while a pointe dancer. Dancers must call if they will be missing a class and plan a makeup time. Dancers must also uphold dress code, code of conduct and be good Christ like examples to other students. They must have an excellent attendance record: at least 90% of classes and 90% of all rehearsals. If this doesn't happen, your child will be asked to work off pointe until their attendance is up.

By signing the bottom portion, you understand the commitment level & attitude expected of you.

I, _____, have read, reviewed and voluntarily submit to the terms and conditions set forth in this contract. I am able and willing to attend scheduled events. I understand that breach of this contract [failure to adhere to the terms of this contract] will result in probation or removal from pointe classes.

Dancers SIGNATURE _____ Date _____

Parent/Guardian SIGNATURE _____ Date _____

This page must be signed by the dancer and parent and brought to the first summer class

Mission Statement

To present the gospel of Jesus Christ to the widest possible audience through the form of dance, and personal witness. We believe that dance is not only a great art form, but a way to worship. Dance is a gift from God. He has given us these talents and we strive to give our dancing back to God.

Students of The Spirit of Dance should strive to behave in a positive and constructive manner at all times and to utilize truth, fairness and integrity in the development of personal decisions and relationships both inside and out of the classroom. By signing the bottom portion of this contract, you understand the responsibility & behavior expected of you.

I, _____, have read, reviewed and voluntarily submit to the terms and conditions set forth in this contract.

Dancers SIGNATURE _____ **Date** _____

Parent/Guardian SIGNATURE _____ **Date** _____

The Spirit of Dance 2018-2019 Calendar of Events

In His Steps Performance Troupe

June 4	Summer Classes begin
July 14 & 15	Elevate Dance Workshop (optional)
July 23-27	Summer Intensive (mandatory)
August 6	Classes begin for season
August 18 & 25	Rehearsal for NEW HIS students @ Whitlock, 9-10am
September 4	Studios Closed for Labor Day
September 24-29	Fall Break- Spirit of Dance Closed
October (TBA)	Support on the Square- Cartersville, GA
October (TBA)	Performance at A.L. Burress Fall Festival
November 10	Christmas Show Rehearsal 12:15-2:30pm @SOD Studio
November 19-November 24	Thanksgiving Holidays –no classes (Studio Closed)
Sat, December 1	Christmas Show Rehearsal @ SOD Studio 12:15-3:30pm
December 8	Christmas Show Rehearsal 12:15-4:30pm
December 10	Christmas Party 5-7:30pm
December 13	Christmas Rehearsal 5-8pm @ SOD Studio
December 10 & 14	No jazz or hip hop classes
December 15	Christmas Performance
December 24-January 7	Christmas Holidays- no classes (Studio Closed)
Thursday, January 7	First day of classes for 2018
Monday, January 15	Studios CLOSED for MLK Day
February 18-23	Winter Break-Spirit of Dance Closed
April 8-12th	Recital Pictures
April 1-6	Spring Break – no classes (Studio Closed)
Saturday, May 4	Dress Rehearsal
Friday, May 17	7pm ‘In His Steps’ Recital Showcase
Saturday, May 18	Recreational Recital